Joe's Chili

Ingredients

- 4 llb lean (at least 80%) ground beef
- 2 large onion, chopped
- 2 cans (28 oz each) diced tomatoes, undrained
- 6 cans (19 oz each) dark red kidney beans, drained
- 4 cans tomato sauce
- 1/4 cup chili powder
- 2 tsp ground cumin
- 2 tsp dried oregano leaves
- 2 Tbs sugar
- 2 Tbs salt

Directions

1. cook beef and onions over medium heat, stirring occasionally, until beef is thoroughly cooked and onions are tender; drain.
2. In crockpot add tomatoes, tomato sauce, beans, chili powder, sugar and salt, breaking up tomatoes.
3. Set crockpot on low and cook for 6 to 8 hours. Stir occasionally